



# योजना एवं वास्तुकला विद्यालय, भोपाल

(राष्ट्रीय महत्व का संस्थान, शिक्षा मंत्रालय, भारत सरकार)

## School of Planning and Architecture, Bhopal

(An Institution of National Importance, Ministry of Education, Govt. of INDIA)

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Dated: 11.06.2026

### CIRCULAR

**Sub.: Celebration of 12<sup>th</sup> International Day of Yoga (IDY) on 21.06.2026 at SPA Bhopal - reg.**

The Institute will celebrate the 12th International Day of Yoga (IDY) on 21.06.2026 (Sunday). Yoga experts from Vivekananda Kendra, Bhopal will conduct a yoga session on the occasion.

All faculty members, staff, students, and residents are requested to assemble for the Yoga Session at Satpura Bhawan (covered backside area) or nearby area of OAT as per the schedule given below and extend their support to make the event successful.

S.No.	Event	Date, Time & Venue
1	Special Lecture on benefits of Yoga followed by Yoga session	21.06.2026 (Sunday) from 6:30 am to 7:30 am  Satpura Bhawan (covered backside area) or nearby area of OAT

Further, as part of the countdown activities leading to the International Day of Yoga (IDY), all faculty members, staff, residents, and students are requested to register for the Online Yoga Session scheduled on 14.06.2026 from 6:15 AM to 7:35 AM. Registration may be done through the toll-free number 1800-315-7008. Participants are requested to join the online session individually through their respective devices, as the programme is being organized as part of a Guinness World Record attempt.

All concerned are requested to participate enthusiastically and contribute to the success of both events.

[Director's approval dated 11.06.2026].

  
(कुलसचिव, प्रभारी)  
Registrar, In-charge

Copy via e-mail to:

1. Director office
2. All Dean(s)/ HoDs and Registrar office
3. Faculty & Staff (including outsourced)
4. All Students
5. All Residents of SPAB campus
6. Computer Centre: with a request to upload the same.