# Vastu shastra

### 5 DAY CERTIFICATE COURSE

### A Practical Approach for the Design of Residences

### **JANUARY 03-07, 2025**

### The course

The Certificate Course in Vastu Shastra is designed to highlight the importance, validity, and practical application of our ancient scriptures, which have profoundly influenced Indian architecture. Vastu Shilpa Shastra, derived from the Sthapatya Veda (a part of the Yajur-Veda), has been practiced widely by both architects and non-architects, often more so by the latter, referred to as "Vaastuvids."

Despite its rich history, the principles of Vastu Shastra have often been overlooked. In the 19th and early 20th centuries, the rise of Western education led to a decline in the adherence to Vedic traditions, with many dismissing them as superstitions. However, in the latter half of the 20th century, there has been a resurgence in interest. Scholars and new generations, influenced by critical perspectives from Western education, have rediscovered the value of ancient Indian knowledge. This renewed recognition is helping to re-establish Vastu Shastra's relevance in modern architectural design.

Therefore, this course will offer a deep understanding of our ancient scriptures, their practical implications in contemporary design and construction, and how these timeless principles can enhance modern living spaces.

### **The Experts**



Ar Ritesh Harwani, **Architect and** Vastu Consultant, **Bhopal** 



Ms Anupama Bihani, **Interior Designer &** Vastu Consultant, **New Delhi** 



Ar Sapna Sehgal, **Architect and** Vastu Consultant, **New Delhi** 



Ar Mukesh Verma, **Civil Engineer &** Vastu Consultant, New Delhi

### The Institute

School of Planning and Architecture, Bhopal was established by the Government of India in the year 2008 and has been declared as an "Institute of National Importance" in December 2014 by an act of parliament. The school is committed to producing the best Architects and Planners for the Nation to take up the challenges of physical and socioenvironmental development of global standards. This is being developed as a "University of Imagination", where a sense of inquiry prevails amongst all stakeholders, students, researchers, professors and society at large.

#### Who should attend?

Architects, Planners and Designers.

Faculty and Researchers from Architecture, Planning & Design disciplines.

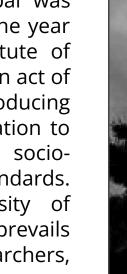
Students at all levels, including Bachelor's, Master's, and Ph.D. candidates in architecture, planning, and design programs.

### Why to attend?

- Practical **Application:** hands-on Gain knowledge and a practical approach to Vastu Shastra.
- Confident Design: Empower yourself to design fearlessly, using the insights gained from Vastu Shastra.
- Creative Freedom: Learn to incorporate Vastu principles without constraints, allowing for innovative and harmonious designs.

Day/ Date	Details of the Sessions* January 03- 07, 2025
Day-1, Jan 03	Morning: Inauguration Afternoon: Basics and Fundamentals of Vastu Shastra
Day-2, Jan 04	Morning: Effect of Vastu Shastra on Residence and its elements Afternoon: Bar chart method of assessing zonal strengths.
Day-3, Jan 05	Morning: Meditation and its importance in Vaastu Shastra. Afternoon: Vastu Programming for all zones.
Day-4, Jan 06	Morning: Application of Vaastu Shastra in architecture.  Afternoon: Site Visit for practical experience from the already constructed houses based on Vastu Shastra.
Day-5, Jan 07	Morning: Summary of learnings for creation of built environment based on Vastu Shastra. Afternoon: Valedictory

\*For more details of the sessions please refer to the detailed brochure attached.





### **Revised Registration Fee:**

- Professionals, (Age- above 35 years) Online or offline modes: INR 10,000/-
- Professionals (Age- below 35 years) Online or offline modes: INR 5,000/-
- Faculty Members
  - Online or offline modes: **INR 5,000/-**
- PhD Scholars, Post Graduate, and Undergraduate **Students**

-Online mode: **INR 5,000/-**-Offline mode: INR 1,000/-

### **Important:**

- The above fee includes participants kit, all instructional materials and stationery.
- Participants must bring their laptops for Hands on Session.
- Seats are limited and will be offered on firstcome, first-served basis.
- Paid Accommodation is subject to availability.
- The participants of online mode will be supplied only with the soft copy of course booklet.

**REVISED LAST DATE OF REGISTRATION:** DEC 20, 2024

**Contact Details:** 

vastu@spabhopal.ac.in

0755-2526800 Ext. -217, 213

Scan here to Register



**Click here to Register** 

**Chief Patron:** Prof (Dr) H D Charan Patron:

Prof (Dr) Kailasa Rao

**Advisor: Prof (Dr) Ajay Khare Convenor: Dr Sandeep Sankat** 

**Coordinators:** Dr Devarshi Chaurasia Ar Vishakha Verma

**Co-Coordinators:** Ar Garima Tamrakar Ar Manohar K Gupta **Team Members: Ar Tanya Kaur Bedi Ar Kiranjith CS** 

**Ar Vipendra Thakur** Ar Aditi Dwivedi **Ar Shivangi Thakur** 



**REVISED LAST DATE OF REGISTRATION: DEC 20, 2024**  **DATE: 03-07 JANUARY 2025** TIME: 10:00 - 17:30 HRS **VENUE: NAB, SPA BHOPAL** 

# Vastu Shastra: A Practical Approach for the

Design of Residence Revised with Registration Fees, Extension of Registration Date, and Mode of conduct (Offline and online)

> Chief Patron: Prof (Dr) H D Charan Patron: Prof (Dr) KAILASA RAO M Advisor: Prof (Dr) AJAY KHARE

> Convenor: Dr SANDEEP SANKAT

Coordinators

**Dr DEVARSHI CHAURASIA** 

Ar VISHAKHA VERMA

SCHOOL OF PLANNING AND ARCHITECTURE

**BHOPAL** 

### Vastu Shastra:

# A Practical Approach for the Design of Residences



School of Planning and Architecture, Bhopal Neelbad Road, Bhauri, Bhopal (M.P.) INDIA 462030

### Vastu Shastra:

### A Practical Approach for the Design of Built Environment

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# Program brief

स्थपतिः स्थापन्हार्य सर्व शाष्त्र विशारदः

" An Architect should be well versed in all

fields of Architecture "

The Certificate Course in Vastu Shastra is designed to highlight the importance, validity, and practical application of our ancient scriptures, which have profoundly influenced Indian architecture. Vastu Shilpa Shastra, derived from the Sthapatya Veda (a part of the Yajur-Veda), has been practiced widely by both architects and non-architects, often more so by the latter, referred to as "Vaastuvids."

Despite its rich history, the principles of Vastu Shastra have often been overlooked. In the 19th and early 20th centuries, the rise of Western education led to a decline in adherence to Vedic traditions, with many dismissing them as superstitions. However, in the latter half of the 20th century, there has been a resurgence in interest. Scholars and new generations, influenced by critical perspectives from Western education, have rediscovered the value of ancient Indian knowledge. This renewed recognition is helping to re-establish Vastu Shastra's relevance in modern architectural design.

Therefore, this course will offer a deep understanding of our ancient scriptures, their practical implications in contemporary design and construction, and how these timeless principles can enhance modern living spaces.

# **02** Program Steering Team

#### **Chief Patron:**

#### Prof (Dr) HD Charan

Chairman, School of Planning and Architecture, Bhopal

#### **Advisor**

#### Prof (Dr) Ajay Khare

Professor and Dean Research, School of Planning and Architecture, Bhopal

#### Patron:

#### Prof (Dr) Kailasa Rao

Director, School of Planning and Architecture, Bhopal

#### Convener

#### **Dr Sandeep Sankat**

Associate Professor and Head Department of Architecture, School of Planning and Architecture, Bhopal

#### Coordinators

Dr Devarshi Chaurasia, Associate Professor, SPA Bhopal.

Ar Vishakha Verma, Assistant Professor, SPA Bhopal.

#### **Co-Coordinators**

Ar Garima Tamrakar, Assistant Professor, SPA Bhopal.

Ar Manohar Kumar Gupta, Assistant Professor, SPA Bhopal.

#### **Team Members**

Ar Tanya Kaur Bedi, Assistant Professor, SPA Bhopal.

Ar Kiranjith CS, Assistant Professor, SPA Bhopal.

Ar Vipendra Singh Thakur, Assistant Professor, SPA Bhopal.

Ar Aditi Dwivedi, Assistant Professor, SPA Bhopal.

Ar Shivangi Thakur, Assistant Professor, SPA Bhopal.

### Program Aim

The aim is to spread the knowledge of Vastu Shastra and familiarize architects, professionals, and budding architects with its practical application in the design of Residences.

# Program Objectives

The key objectives of this unique lecture cum hands-on certificate course of Vastu Shastra are summarized as follows:

- 1. To sensitize architects, designers, planners, and educators towards the concepts of Vastu Shastra.
- 2. To provide state-of-the-art exposure and expertise to learn the basics of Vastu Shastra.
- 3. To enhance capacity building for architects, design professionals/ researchers for the design of residences, based on the principles of Vastu Shastra.
- 4. To infuse a Vastu-based design approach for the design of Residences.
- 5. To develop collaborative research outlooks through eminent experts on Vastu Shastra for design applications and research, in Residences.

# 05 Day wise Program

Day	Date / Day	Session	Event	
Core Faculty: Ar Ritesh Harwani, Architect and Vastu Consultant				
Day 1	03/01/2025 Friday	Morning	Kit distribution     Hi-Tea     Inauguration	
		Post Lunch	<ul> <li>Basics &amp; Fundamentals of Vastu Shastra</li> <li>Angular division method</li> <li>Hands-on Exercise on angular division method.</li> <li>Attributes of Zones</li> <li>Myths of Vastu Shastra</li> </ul>	
Day 2	04/01/2025 Saturday	Morning	<ul> <li>Effect of Vastu Shastra on Residence and its Elements:</li> <li>Entrance</li> <li>Bedroom/s</li> <li>Kitchen</li> <li>Washroom/s</li> <li>Drawing room and living room</li> <li>Pooja room</li> <li>Store/s and Storage room for valuables</li> </ul>	
		Post Lunch	<ul> <li>Bar chart method of assessing zonal strengths.</li> <li>Hands-on exercise to understand zonal strengths of the elements of residences (i.e. for the entrance, bedroom/s, washroom/s, Kitchen, etc.)</li> </ul>	
Day 3	05/01/2025 Sunday	Morning	<ul> <li>Meditation and its importance in Vastu Shastra.</li> <li>Theory of Five Elements of Vastu Shastra.</li> <li>Impact of the Five Elements in Vastu Shastra.</li> <li>Impact of planets in various directions</li> <li>Theories of: <ul> <li>Creation</li> <li>Control</li> <li>Balance</li> </ul> </li> </ul>	
		Post Lunch	<ul> <li>Vastu Programming for all zones.</li> <li>Effect of Interior Design: Furniture, Artefacts, Paintings, Furnishings, and various other products in 16 Vastu zones.</li> <li>Demonstration of projects, designed using Vastu Shastra Principles.</li> <li>How to design according to Vastu Shastra.</li> </ul>	

# Vastu Shastra: A Practical Approach for the Design of Residences

Day 4	06/01/2025 Monday	Morning	<ul> <li>Application of Vastu Shastra in Architecture.</li> <li>Summary of learnings of the practical approach of Vastu Shastra in architecture</li> <li>Application of Vastu Shastra in Interiors (Lecture by: Anupama Bihani, Interior Designer and Vastu Consultant)</li> <li>Correlation of interiors with Vastu Shastra.</li> </ul>
		Post Lunch	Site Visit to Vastu Shastra-compliant Residence(s) to understand several important practical aspects of planning and designing.
Day 5	07/01/2025 Tuesday	Morning	<ul> <li>Summary of learnings for the creation of Residences based on Vastu Shastra.</li> <li>Vastu in Architecture and Built Environment. (Lecture by: Er. Mukesh Verma, Civil Engineer and Vastu Consultant)</li> <li>Vastu in Architecture and Interiors (Lecture by: Ar. Sapna Sehgal, Architect and Vastu Consultant)</li> </ul>
		Post Lunch	Valedictory

# **06** Teaching Experts



Ar. Ritesh Harwani Architect and Vastu Consultant, Bhopal



Ar. Sapna Sehgal Architect and Vastu Consultant, New Delhi



Ar. Anupama Bihani Interior Designer and Vastu Consultant, Civil Engineer and Vastu Consultant, New Delhi



Ar. Mukesh Verma New Delhi

### **07** Who should Attend

#### **Professionals/Consultants**

• Architects, Planners, Designers.

#### **Faculty and Researchers**

• Faculty and Researchers in architecture, planning, and design field.

#### **Students – Bachelors, Masters and PhD Programs**

• Students at all levels (Bachelor of Architecture, Masters and Ph.D. programs) from academic institutions in architecture, planning, and design.

### 08 Why to Attend

#### Why?

- To gain knowledge of the traditional Indian architecture, "The Vastu Shastra"
- To understand the fundamentals and principles of Vastu Shastra.
- To learn and understand the practical application of Vastu Shastra for the design of residences.
- To learn and understand the angular subdivision and methods of assessing zonal strengths.
- To learn the design of residences as per the zonal subdivision of spaces.
- To learn and understand the design of interiors as per Vastu Shastra.
- To understand the application of materials and the colours as per the angular subdivision and zones in residence.
- To gain hands-on experience in designing residences as per Vastu Shastra.
- To witness the Vastu Shastra-based design of residences through the site visits.

# **09** Registration Fees and Details

**Click here for the Registration Link** 

Or Scan the QR code



#### **Registration Fees**

Professionals, (Age- above 35 years) Online or offline modes: INR 10,000/-

Professionals, (Age-below 35 years) Online or offline modes: INR 5,000/-

Faculty Members Online or offline modes: INR 5,000/-

PhD Scholars, Post Graduate, and Undergraduate Students

-Online mode: INR 5,000/-

-Offline mode: INR 1,000/-

- The above fee includes the participants' kit, all instructional materials, stationery, a 24-hour free internet facility, and food for five days.
- In the case of online mode, only a soft copy of the course booklet will be provided.

The following paid accommodation\* facility can be availed on pre-booking during the registration process. The Price mentioned is per day in INR \*\*.

- 2,000 per room Single Occupancy
- 2,500 per room Single Occupancy
- 3,000 per room Twin Sharing
- 1,000 per room -Twin Sharing (Only for Students)

#### Please note:

# 10 Important Dates

\*The accommodation is subject to availability and will be provided on first come first serve basis.

Registration Opens on	2 <sup>nd</sup> December 2024
Revised Last Date of Registration	20 <sup>th</sup> December 2024
The Certificate Program Commences on	3 <sup>rd</sup> January 2024
The Certificate Program Ends on	7 <sup>th</sup> January 2024

<sup>\*\*</sup>The payment can be made while availing of the accommodation.

# **11** About the Institute

#### Vision:

This school is committed to produce best Architects and Planners of the Nation to take up the challenges of physical and socio- environmental development of global standards. This will be developed as 'University of imagination', where a sense of enquiry will prevail amongst all stake holders- students, researchers, professors and society at large. School of Planning and Architecture will strive for social sustenance through universal design, cultural sustenance through conservation and environmental sustenance through the discipline of Architecture, Planning and Design.

#### Mission:

- To create the School of Planning and Architecture, Bhopal as a center of excellence for imparting quality education at undergraduate, postgraduate, doctoral, and post-doctoral levels in Planning and Architecture.
- To create a national-level research and development center with special emphasis on research and consultancy work in the field of Planning and Architecture.
- To create a national-level research and database center and decision support center for the preparation and implementation of settlement and habitat development programs for the Government.
- To create the nodal center for mentoring other architecture and spatial planning institutions in the central region.
- To create a cadre of high-caliber faculty members who will be devoted to teaching, research, and consultancy in all disciplines that deal with Planning and Architecture.
- To become a socially responsible institution providing research feedback to the Government for the physical development of human settlements.

# **12** How to Get here

#### By Rail:

Rani Kamlapati and the Bhopal Junction are the railway stations of Bhopal. The distance from both the railway stations is approximately 35 km. Taxis, Ola, Uber, or autorickshaw rides are available from both the railway stations.

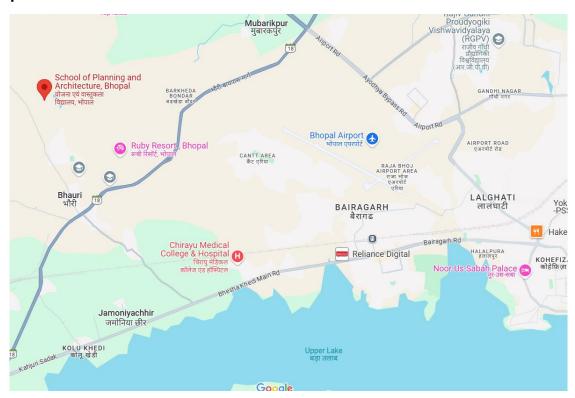
#### By Road:

The city of Bhopal has one Interstate Bus terminus and two bus stands namely; ISBT Chetak Bridge, Bhopal, Nadera Bus Stand, and Halalpur Bus Stand respectively. The interstate buses and private buses operate from ISBT which is approximately 30 km away from the institution, whereas the buses operating within the state operate from the other two bus stands. Halalpur bus stand is approximately 12 km and Nadera bus stand is approximately 22 km from the institute. Taxis, Ola, Uber, or autorickshaw rides are available from both the bus stands and ISBT.

#### By Air:

Raja Bhoj Airport Bhopal is approximately 12 km away from the institute and taxis, Ola, Uber, or autorickshaw rides are available.

#### Map:



# 12 Outcome of the Program

The certificate program intents to provide extensive and practical knowledge to thoroughly understand the fundamentals, concepts, theory, methods, associated attributes, and practical knowledge of "Vastu Shastra". The expected outcome will be a learning of Vastu Shastra for the design and the practical implementation of its fundamentals and principles for the design of residences. It is expected that the participants will be equipped with the learning of:

- The basics, fundamentals, and principles of Vastu Shastra.
- The Five elements of Vastu Shastra.
- Effects of Planetary Positions in Vastu Shastra.
- The angular subdivision method.
- The methods to understand zonal strengths.
- The design of interiors of residences based on Vastu Shastra.
- The application of materials and colours as per Vastu Shastra.